

# Culcheth Community Primary School Mental Health and Wellbeing Vision Statement

At Culcheth Community Primary School we promote positive mental health and wellbeing for our whole school family.

We achieve this by:

- Developing a sense of **belonging**, encouraging **team spirit** and participation of all within the school community.



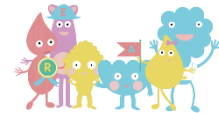
- Supporting children to further develop their **resilience**, **independence**, **determination** and **communication** skills.

- Providing effective support as children make and maintain **positive relationships** and **friendships** with others.



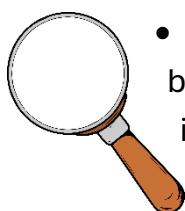
- Encouraging pupil **relationships** and giving pupils the opportunity to talk about their feelings **honestly** with school staff.

- Effectively delivering the **My Happy Mind** curriculum across the school, encouraging children to take an active **responsibility** for their mental health and wellbeing.



- Having a team of Wellbeing Warriors who are dedicated to promoting and developing positive mental health, wellbeing and **kindness** across the whole school.

- Working closely with **parents and carers** to forge a strong partnership, including providing opportunities to develop their own knowledge and understanding around emotional wellbeing and mental health.



- **Early identification** of children who have mental health needs before planning and supporting their needs effectively. This includes working with multi-agencies and specialist services.